



**To: All Members of the Health Liaison Panel**

Dear Councillor,

**HEALTH LIAISON PANEL - THURSDAY, 21ST NOVEMBER, 2024 , Council Chamber - Epsom Town Hall**

Please find attached the following document(s) for the meeting of the Health Liaison Panel to be held on Thursday, 21st November, 2024.

4. **ACTIVE SURREY DISCUSSION PAPER** (Pages 3 - 6)

The Panel shall consider a discussion paper regarding Active Surrey's Surrey-wide initiatives.

For further information, please contact [democraticservices@epsom-ewell.gov.uk](mailto:democraticservices@epsom-ewell.gov.uk) or tel: 01372 732000

Yours sincerely

A handwritten signature in black ink, appearing to read 'Sing'.

Chief Executive

This page is intentionally left blank



## In & Around Epsom and Ewell

### What do we do:

Active Partnerships (APs) is a nationwide physical activity and sport network that exists to create a healthier, fairer nation.

Active Surrey is the Active Partnership for Surrey . We take a place-based approach to reducing disparities and partner with local and national stakeholders to transform lives through sport and physical activity. Active Surrey are supported and funded by Sport England to co-deliver the ambitions of its 10-year Uniting the Movement strategy.

### How do we do it:

Through our Health, Communities and Education Teams

| PROGRAMME   | LATEST UPDATE IN EPSOM AND EWELL:   | FUTURE OPPORTUNITIES   |
|---|---|--|
| <b>Club 4</b><br>Holiday Activity and Food (HAF) Camps for children on free school meals                      | 165 from Club4 priority wards, 252 from whole Borough<br><br>Christmas 2024:<br>320 places funded equating to 2,120 hours of provision  | Xmas 2024:<br>320 places funded equating to 2,120 hours of provision   |
| <b>Be Your Best</b><br>Family weight management programme for ages 5-19 years focussing on key neighbourhoods | Referrals open including self-referral <a href="http://www.bybsurrey.org">Be Your Best Surrey</a><br><a href="http://www.bybsurrey.org">www.bybsurrey.org</a>   | Meeting with GLL to see what leisure offers are available for families (discounted or free)                                |
| <b>Looked after children leisure offer</b>  | 69 referrals into leisure providers   |  |
| <b>Friday Night Project</b><br>A leisure or youth centre or school take over by young people, offering a safe | Sustainability funding for FNP's secured from OPCC until end of summer term 2025. This includes funding for FNP's at NEAT HQ and The Glyn School. We were unable to secure funding to sustain sessions at The Edge Youth Centre | To highlight funding and partner opportunities to sustain the two NEAT FNP's in the Borough as provide a vital service for |

|   |  |  |
|---|--|--|
| space for teens to be active with friends and try a range of activities   | but the decision was made by NEAT to focus on its two other sites as they had better uptake and no facility issues. Active Surrey also secured £750 funding from Epsom & Ewell Rotary Club to assist with delivery costs at NEAT HQ FNP.   | young people but will struggle to be purely self-sustaining.<br><a href="#">Apply for funding   Office of the Police &amp; Crime Commissioner for Surrey</a>   |
| <b>Step Out to Step In</b> Target programme for young people on the edge of the youth justice system, linking them to community clubs<br>No of referrals  | Email sent to all partners informing them that due to our unsuccessful application to the OPCC we will no longer be able to support SOSI going forward. Active Surrey remains committed to exploring new opportunities and funding streams to continue advocating for the role of physical activity in improving outcomes for young people at risk and will keep all updated if we have any developments in this area. | Potential to work with trusted local physical activity providers to offer a LA based sports referral programme.  |
| <b>Project 500</b><br>Increasing opportunity for ethnically diverse communities to be active, in particular supporting women in the community to become activity champions and to gain qualifications                 | Met with Gayle Osbourne and Beverley Lewis to discuss opportunities at to deliver some yoga to ladies attending ESOL classes at E&E employment hub.  | 'Train to Gain' is our workforce offer for supporting those from our target audiences to gain fully funded physical activity qualifications. This programme aims to create more relatable role models with lived experience to inspire others in the local community to be active. Would be good to offer this programme in priority neighbourhood of Court. |
| <b>Coach Core</b><br>Creating apprenticeship in the sports sector for NEET young people   | Cohort 3 to be launched in Summer 2025 with a September 2025 start date, if you are aware of any organisations that might like to take on an apprentice or find out more information about the programme please get in touch.  | Highlight potential employers and NEET young people that would benefit from this opportunity.  |
| <b>Active Libraries</b><br>Programmes and initiatives in libraries to transform them into health and wellbeing hubs   | Health & Activity Trackers are available to reserve from all libraries in E+E. Libraries are encouraged to do their own promotion to generate awareness. Support ongoing from Surrey Libraries & Active Surrey.  | Health & Activity Trackers are available to reserve from all libraries in E+E.   |
| <b>Play Streets</b><br>Resident led temporary closure of a street regularly to provide a safe space for children to play and residents to meet/chat/engage with each other <a href="#">Play streets - Playing Out</a> | Supported a group of residents in Epsom (Miles Road) with funding for travel to attend a training course on how to safely run a Play Street event, plus insurance (required by Epsom and Ewell BC) and some equipment. The Play Street began in Miles Road in November 2023 and is now running once a fortnight. Interest from SCC Community Link Officers in replicating in other parts of the County.                |  |

|   |  |  |
|---|--|--|
| <p><b>Upskilling Professionals</b><br/>Provision of free training and resources to enable professionals to highlight the importance of physical activity with residents</p> | <p>Falls Prevention is Everybody's Business training delivered to 14 Community medical team staff at Epsom PCN on 24/9. Training written and delivered with Emma Shires, CTT Clinical Lead</p> <p>Our generic Physical Activity Awareness course and new Behaviour Change course for professionals to encourage residents to be active are attended by professionals across Surrey and highly successful</p>   | <p>We will be running a Train the Trainer behaviour change course in January. Our Professionals Hub provides lots of resources <a href="#">Professionals Resource Hub   Health   Active Surrey</a></p>   |
| <p><b>Putting physical activity into clinical pathways</b></p>  | <p>For <b>WorkWell</b> our commissioned role is to provide a Physical Activity Adviser service across Surrey to get those signed off work with a fit note (due to a LTC) back to work. 1 adviser per borough. Referrals have started in Epsom</p>  | <p><b>Soft launch started in Epsom. Referrals can be sent to:</b><br/><a href="mailto:vanessa.mccormack@surreyllp.org.uk">vanessa.mccormack@surreyllp.org.uk</a></p>   |
| <p><b>Active Schools</b><br/>Support to engage more young people in 30 mins of physical activity / day in school</p>  | <p><b>Meadow Primary School</b> accessing support to self assess their provision and embed a whole school physical activity policy approach.</p> <p><b>The Vale Primary School</b> engaged in a 12-18 month pilot programme to measure the impact, a whole school approach to physical activity, has on behaviour, learning and attendance, as well as evaluating a bottom up/top down leadership model for culture change.</p> <p><b>Blenheim High School</b> received funding to improve facilities and purchase equipment to enable them to run various activity clubs, including golf and boxercise, for inactive and underserved young people within the school and local community.</p> <p>Undertaking MOO work (place based) a document which was originally created for the Elmbridge district which has been received with great feedback and success. This document is sharing anything which is relevant to the area which may be free or paid for ranging from arts, crafts, sports, charity the list is endless. Currently waiting for more input from Gayle Osbourne the Community Link Officer and Vicki Sandri-Healy, the Community Development Officer.</p> | <p><b>Cuddington Community Schools</b> and <b>Nescot College</b> hosting CPD training and events for local schools.</p> <p><b>Schools should contact <a href="mailto:active.schools@surreycc.gov.uk">active.schools@surreycc.gov.uk</a> for further information and support.</b></p> |

This page is intentionally left blank